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metroNEWS

- **Calgary Flames unveil sports mega-project**
- **What's next for Saddledome and McMahon**
- **Word on the street**
- **Kingkade: City should say 'Next!'**
- **Question of remediation**

CALGARY NEXT

The proposed future of the Flames, Stampede

MORE COVERAGE, PAGES 6,8,9

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Inglewood's petty crime spree reveals larger trend

POLICE

Small property theft a city-wide issue, drugs may be a cause



Helen Pike
Metro | Calgary

Inglewood community residents who have noticed a spike in crime, especially this summer, aren't alone.

Police say the city of Calgary is experiencing a boom in petty property theft and they're counting on residents to help them keep crime under wraps.

"It is an increase in crime, we're not talking violent crimes here, we're not talking major property damage, but we've definitely had massive increase in small crimes," said Bill Bakelaar, president of the Inglewood Community Association.

He spoke to Metro in May

It can probably be related a lot to the drug trade. Especially when you've been hearing a lot about the fentanyl issue ... Because it's so cheap people are committing what I'll call crimes of opportunity.

District 1 Staff Sgt. Kyle Grant

about the increase in incidents, but noted the activity has come to a head over the summer months.

"We know from experience that if we can't get a lid on that things just get worse."

He said there has been talk of forming a neighborhood watch, but noted residents have already been taking more photos and actively patrolling alleyways to try and protect Inglewood from criminal activity.

"Inglewood is amazingly immune to a lot of the crime that plagues a lot of the communities in the city," said Ward 9 Coun. Gian-Carlo Carra.

"Having said that in the summer months we do get a transient population start to bloom along less surveilled regions of the river pathway systems ... It seems that this year we have a fairly aggressive group."

Carra said he hopes to re-engage the community and police to work together in September during a Town Hall addressing these neighbourhood crime issues.



Residents in Inglewood have noticed a spike in crimes of opportunity. LUCIE EDWARDSON/ METRO

Police noted Inglewood is not alone, and other communities have gone through similar spikes when it comes to crimes of opportunity.

"It can probably be related a lot to the drug trade," said District 1 Staff Sgt. Kyle Grant.

"Especially when you've been hearing a lot about the fentanyl issue ... Because it's so cheap people are committing what I'll call crimes of

opportunity."

He said residents are mostly experiencing small petty theft of things left easily accessible and outdoors in backyards like bikes or even items within unlocked cars — anything an addict could sell for drugs and turn around quickly — which he said makes recovering stolen items quite difficult.

Police are recommending

residence put valuables inside their homes, report suspicious people immediately, and not leaving anything out in the open, visible or unlocked.

"We are increasing patrols and we're more than aware of what's going on we're trying to target these people but there's also people out here that were probably not even aware of or doing this so we're counting on the public to call us."

12-YEAR-OLD

Local girl drowns in B.C. lake



Aaron Chatha
Metro | Calgary

Osoyoos RCMP said a 12-year-old girl from Calgary has drowned in Osoyoos Lake.

The girl was camping with her family at Swiws provincial campground. She was walking in shallow water with her friend when several waves caused her to lose her footing and slip into the deeper water, RCMP said.

Her friend managed to grab her hand but could not hold on as the girl slipped further into the water. The young girl didn't know how to swim and wasn't wearing a life jacket, RCMP said. She went under the water and didn't resurface.

Local boaters were joined by RCMP member and the Osoyoos Fire Department in the search. After nearly 40 minutes, a campground employee located the girl. She was in approximately three metres of water. She was transported to shore and despite the efforts of emergency services she didn't survive.

The British Columbia Ministry of Environment said that province's coroners office would investigate the death further. They would provide any recommendations for safety improvement and the ministry would review those recommendations.

"This is a very sad story. Please be assured that BC Parks takes the safety of our visitors very seriously," the ministry wrote in an e-mail statement.

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PRIDE PARADE POLITICS

Crockatt's version challenged



Helen Pike
Metro | Calgary

Egale, a Canadian organization fighting for LGBTQ equality, is calling out Calgary Centre Conservative candidate Joan Crockatt for providing what it describes as a misleading reason to Calgary Pride organizers for her vote against a trans rights bill.

Organizers decided to review Crockatt's participation in the upcoming Calgary Pride Parade after learning she had voted against Bill C-279 as an MP, legislation that would amend the Canadian Human Rights Act to include gender identity as a prohibited ground of discrimination.



Joan Crockatt tweeted this photo of her marching in the 2014 Calgary Pride Parade.

TWITTER/@CROCKATTEER

Ultimately, Pride Calgary

maintained her status as a participant in the parade after accepting her explanation that she had consulted with Egale and voted against the bill because she didn't agree with the amendments made to it during the House of Commons votes. The amended version was passed by the House of Commons and is currently before the Senate.

But, in a statement, Egale described that as a "complete misrepresentation."

"Egale would never endorse or encourage or tacitly approve of a vote against C-279, in the form passed by the House of Commons," the statement reads.

Metro reached out to Crockatt for comment but has yet to receive a response.

Buzreba steps down: Reports



Lucie Edwardson
Metro | Calgary

Ala Buzreba has withdrawn as Calgary Nose Hill's Liberal candidate after aggressive tweets

from her teenage years came to light Tuesday, according to media reports.

Screenshots of tweets published from 2009 to 2012 include one telling another user to "go blow your brains out you waste of sperm #racist #a-hole

#bigot."

Buzreba took to Twitter to "apologize without reservation."

She said the tweets "reflect a much younger person," and like many other young people, she has since "learned a lot of lessons about social media."



Octavio Hernandez Terriquez was the main breadwinner for his family. COURTESY SHIRLEY BLUNDELL

Man pulled from lake dies: Family

TRAGEDY

Friends trying to raise money for Terriquez's wife, children



Aaron Chatha
Metro | Calgary

The man who was rescued from Lake Chaparral earlier this month has died from his injuries.

Octavio Hernandez Terriquez was swimming with his family at the lake on Aug. 3. He was spotted sinking under the water when his wife alerted the Calgary Fire Department's Aquatic Rescue Team.

At the time, they had been performing training exercises in the lake and were able to pull Terriquez to safety.

Terriquez was taken to hospital in life-threatening condition. His family now says he succumbed to his injuries and passed away on Aug. 10.

"My husband had many friends," said his wife, Florisel Ramon Lopez. "All the people say he was very friendly, many people say, 'I love his smile.' He was very kind with the people."

Terriquez is survived by his wife and three young children.

"That is the most difficult part of this, because they are asking about him and I am trying to explain," said Lopez. "I think they understand now

that my husband is dead. But they're saying every day, 'I miss my daddy. I want him back.'"

Friends and family are trying to raise funds to help the family.

"He was the main bread earner, so we're trying to raise some funds to cover the funeral for now, but also for their daily expenses until they can sort out what they're going to do for the future," said Shirley Blundell, family friend.

Terriquez came to Canada from Mexico in 2007. He and his wife wanted a better future for the family they planned to have together.

He owned and operated a renovation business.

A funeral will be held for Terriquez at the Mountain View Funeral Home on Aug. 20 at 6 p.m. and is open to all friends and family who knew him.

A donation page has been set up for the family on www.youcaring.com.

I think they understand now that my husband is dead.

Florisel Ramon Lopez

IN BRIEF

Bank robbed

Calgary police are looking for the public's help to identify two masked men who robbed the Scotia-bank in the 300 block of Cranston Road S.E. on Monday around 12:15 p.m. One was armed with a weapon. METRO

Ambulance stolen

Police have one man in custody after an ambulance was stolen from Foothills Hospital Monday. Police responded to the call about 10 p.m. METRO

CRIME

Thieves get away with World War II medals

Calgary police seek the public's help in recovering war medals and other property stolen from a northwest home.

According to police, on July 21, sometime between 2:45 and 4:30 p.m., an unknown number of people gained entry to a home in the 400 block of Hawkford Way NW. Police said jewelry, watches, silverware and a collection of Second World War medals were taken. Anyone with information



The stolen war medals.
COURTESY CALGARY POLICE SERVICE

about this incident is asked to call police at 403-266-1234. METRO

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Flames unveil \$890M vision

CALGARY NEXT

Mayor unsure of multi-facility plan dependent on public funds



Robson Fletcher
Metro | Calgary

Calgary Flames president Ken King unveiled an \$890-million vision Tuesday for a new arena, stadium and fieldhouse that would require major buy-in from the City of Calgary and likely the Alberta government, as well.

The project, dubbed Calgary Next, would involve building a 19,000-seat arena next to a 30,000-seat football stadium that would double as a fieldhouse for public use, all on a piece of land in the West Village area on the bank of the Bow River.

King said the mixed-use facility would be home to the Calgary Flames and Calgary Stampede, and provide a superior concert venue to the existing Saddledome. The facility would also fulfill the city's stated need for an indoor fieldhouse with a 400-metre track.

Retractable seating would move over the track during football games to provide increased



Ken King, president and CEO of the Calgary Sports and Entertainment Corporation, revealed plans for a new enclosed sports complex in Calgary on Tuesday. MIKE RIDWOOD/THE CANADIAN PRESS

capacity and better sight lines, King said.

The city owns the land at the proposed site and would continue to own the land, King said, but details of a lease or operating agreement for the professional sports teams remain something to be negotiated.

The soil in the area is heavily

contaminated by creosote from industrial activity decades ago, a problem that has been somewhat contained but not solved, and has hindered redevelopment to date.

King said the project could be the "catalyst" to finally get it cleaned up.

The proposal is to have the city put up \$200 million it was planning to spend — but still doesn't have — on a new fieldhouse at Foothills Athletic Park, and instead have it built as part of the massive, multi-use facility.

The city is also being asked to approve a \$240-million com-

munity revitalization levy (CRL), which is essentially money borrowed against anticipated property-tax revenue in the future. In this case, that tax revenue would come from residential and commercial developments adjacent to the facility.

The Flames ownership group would put up \$200 million, and the final \$250 million would come from a ticket tax that would need to be borrowed up front and then repaid over time once events start happening at the facility.

The Flames may ask the city to lend them that quarter-billion

+ NEIGHBOURHOOD IMPACT

Community group sees pros and cons to proposal

Nick Twyman, president of the Sunalta Community Association, sees pros and cons with the idea of the Calgary Flames and Calgary Stampede moving their home venues into his neighbourhood.

"A lot of people will be walking to these games, driving, trying to park," he said. "So there's obviously got to be a lot of thought put into how this affects communities that are around this area."

On the plus side, he said

the project might finally spur the city and province to clean up the "very polluted" soil in the area and make better use of land that hasn't reached its potential as a result.

"There's very few cities in all of the world where you'd have prime riverside property just languishing like that," he said of the West Village area.

"If anything gets done out of this, I think that'll be one of the best things — that that pollution gets cleaned up."

ROBSON FLETCHER/METRO

or may look for private financing, King said.

Mayor Naheed Nenshi was non-committal to the whole idea, noting the project involves "very significant requirements for public funding beyond the fieldhouse funding, and there is currently no money."

"I have said for a long time — and continue to strongly believe — that public money must be for public benefit and not private profit," the mayor said in a statement. "The question for council, the ownership group and all Calgarians is whether this proposal meets that test."

Provincial funding would likely be needed for the soil remediation, too, and Premier Rachel Notley would keep an "open mind" about the proposal, according to her spokesperson Cheryl Oates, who noted there has been no formal request to the Alberta govern-

ment, yet.

"If and when an official proposal comes forward from the Calgary Sports and Entertainment Corporation, we will take a look at it," Oates told Metro in an email.

King said the unveiling of Calgary Next was meant to start a conversation, one that could take years.

"We need to find the money," King said. "We need to create a sufficiently compelling case that all Calgarians and southern Albertans will look at this and say, this is something we think should happen. And when people decide that things should happen, it's astonishing how funds can be discovered thereafter."

If all the agreements and financing come together, King said the construction of the facility, itself, is expected to take three years.

“The question for council, the ownership group and all Calgarians is whether this proposal meets that test.”

Naheed Nenshi

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Partners looking ahead to what's next

REACTION

Futures of Saddledome, McMahon up in the air



Lucie Edwardson
Metro | Calgary

Calgary Stampede officials say they'll be sad to see their long-time neighbours eventually go, but they understand the "magnitude" of the CalgaryNext project means it won't fit at Stampede Park.

The Calgary Flames revealed their plans for a new home west of its current home at the Saddledome on Stampede Park.

Images provided Monday show a pair of buildings with semi-transparent roofs, located in the West Village area on the bank of the Bow River.

Kurt Kadatz, director of community engagement for the Calgary Stampede, said it's too bad the Flames won't remain on the grounds.



The sheer magnitude of the CalgaryNext project is more than something that could be accommodated at Stampede Park.

Kurt Kadatz,
Calgary Stampede



The fates of the Saddledome, left, and McMahon Stadium are uncertain after the Calgary Sports and Entertainment Corporation revealed plans to replace both facilities with a West Village multi-sports complex. METRO FILE



"We would've loved to have the arena remain on Stampede Park, but the aspirations of the project are much larger than a single arena," he said. "The sheer magnitude of the CalgaryNext project is more than something that could be accommodated at Stampede Park."

Kadatz said while the CalgaryNext project is underway, the Stampede is looking "forward to continuing (its) relationship with the Flames organization."

"It's at such an early stage; I'm not sure what the links or connections could be in the future. Certainly we're an anchor community organization in the city and we enjoy

good relationships with other anchor institutions and gathering places."

The CalgaryNext project proposes a joint facility that would also be the new home of the Calgary Stampeders, who currently use McMahon Stadium for home games. That site is owned by the University of Calgary.

In a phone call with Metro, Marina Geronazzo, media relations manager for the University of Calgary, said Tuesday's announcement was all about the Calgary Sports and Entertainment Corporation.

"Today is definitely a day for Ken King and his team of people and that whole organization. It's very much

their announcement," she said. "We're peripheral to this and have prepared a statement accordingly."

The statement emailed to Metro is attributed to university president Elizabeth Cannon.

"This is a very interesting project. The University of Calgary has a strong partnership with the Stampeders, and we look forward to continuing to work with them to explore the opportunities and impacts," the statement reads.

No information was provided on the future of either of the current sports facilities.



MORE LOCAL NEWS ONLINE

OPINION

Word on the street



I feel like we have places we can already use. We have McMahon Stadium, we have the Saddledome and we have the Genesis Centre.

Shahleen Premji, 24,
University of Calgary student



It's not the worst idea, but I think there's better places the money could go.

David Kol, 24, English tutor



I think a new stadium is a good idea ... but I don't think public money should be going into stadiums.

Stephan Mendritzki, 30,
PhD student

+ SADDLEDOME/MCMAHON STADIUM

Saddledome history

- Doors opened in 1983
- Built to house the Calgary Flames and the 1988 Olympics
- In 1994, a \$37-million renovation to the building started, with the reopening in the fall of 1995 in time for the Flames season opener
- Has been home to professional hockey, basketball lacrosse and hundreds of concerts
- Historic flood of 2013 saw water rise to 11th row. A massive renovation took place before the Flames' 2013-14 season

McMahon Stadium history

- Opened in 1960, with the Blue Bombers beating the Stampeders 38-20
- Stadium took around 100 days to build at a cost of just over \$1 million
- Named after Frank and George McMahon, who donated \$300,000 to construction
- Hosted opening and closing ceremonies for the 1988 Winter Olympics
- Underwent renovations in 2001 and 2005, adding seats and luxury boxes
- Hosted the 2011 NHL Heritage Classic

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On Tuesday, Calgary Flames President Ken King laid out the ambitious plan for the multiple facility sports hub that would occupy the West Village. CONCEPT DRAWINGS FROM CALGARY NEXT

City should say 'next' to proposal

KINGKADE'S CALGARY

Roger Kingkade



You don't have to have seen the completed design of the new Calgary Next sports complex to think it would be awesome.

All the ingredients are there: a riverfront address, prominence on the skyline, modern design and construction, all rolled up with the fact that it's not the concrete and corrugated aluminum Saddledome. No offence to that Soviet-era Olympic icon, but those who would call it the architectural equivalent of a toilet don't have to strain too far to invoke the image of an actual toilet in the mind of the listener.

On its own or by comparison, the Calgary Next project is awesome. But, that's still not a good enough reason to roll public dollars into this construction project.

It's difficult to sound off against governmental involvement in this mammoth, nearly billion-dollar project without sounding anti-something. The fact is, opposing a funding model that includes tax dollars is simply being practical. You only have to look at one point of fact to determine this: The city doesn't have the money.

On Tuesday, Calgary Flames President Ken King laid out the ambitious plan for the multiple facility sports hub that would occupy the West Village. Without showing pictures of a still-evolving design, he described the ideal roof as being translucent, similar to the one in the yet-to-open Minnesota Vikings stadium. Oddly, he called it a "want to." Not a "need to" or a "have to," simultaneously describing the inclusion of the city's coveted

fieldhouse in the overall concept.

That fieldhouse seems to be a bargaining chip the ownership group of the Flames would use to encourage buy-in from the public and the city itself. But it's no bargain. The cash commitment from the city is the same as if they were to build it themselves - \$200 million. It would be nice to have, but it's neither a need nor a want. More importantly, your elected officials have prioritized this item without ever making its construction an election issue. To say it's of vital importance to taxpayers is somewhat disingenuous.

There's also a plan to raise \$250 million through a ticket tax and an additional \$240 million through a community revitalization levy. Of the entire \$890 million, less than a quarter — \$200 million — comes directly from the pockets of the ownership group.

There's a needless shell game being played in the pursuit of this awesome arena venture. The city should make it clear it wants no part in the process other than where it belongs. If this means no public fieldhouse should be built, so be it.

The city should simply sell the land, probably below market value, and it will have a pot of cash it can put toward any needed projects it sees fit. The ownership can then remove the fieldhouse from the plans (at presumably huge savings) and accelerate the building process to get the stadiums open, the turnstiles clicking, and the cash registers ringing sooner.

Roger Kingkade co-hosts the Kingkade and Breakenridge show every weekday morning from 9 a.m. to noon on NewsTalk 770.

CREOSOTE

Contamination remains a 'big problem'


Robson Fletcher
Metro | Calgary

Not included in the \$890-million price tag for the multi-use sports facility the Calgary Flames want to build in West Village is the cost to first clean up the land, long contaminated by creosote.

The now-defunct Canada Creosote (later Domtar Corporation) used the land for industrial activ-

ity from the mid 1920s to early 1960s, leaving behind large volumes of the carcinogenic chemical compound — used to prevent wood from rotting — in the soil.

A containment wall was built in the 1990s to prevent the creosote from spreading but some of it still managed to migrate beneath the river. The province has dozens of testing wells to keep an eye on the situation.

Exactly how much it will cost to clean up the soil is hard to

say until crews actually get into the dirt.

"We don't know if it's \$50 million or \$300 million," Flames president Ken King said, adding that the project could be a "catalyst" for finally cleaning it up, although the Flames owners aren't willing to pay for it, directly.

As Metro reported in May, the Calgary Municipal Land Corporation (CMLC) put out a call for qualified companies capable of cleaning it up, but who would

actually pay for the remediation remains an open question.

Coun. Evan Woolley said the creosote has been a "big problem" that, to date, no one has wanted to touch.

"We have been talking about this problem for a long time and nobody has stepped forward on it," he said. "This proposal is the first significant proposal that we have seen here that will help us deal with this problem, and that makes me optimistic."

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NIAGARA FALLS

Live baby locked in hotel safe

Police are looking for an American couple after staff at a Niagara Falls, Ont., hotel said they found a baby locked inside a room safe.

Niagara Regional police said the baby's parents alerted the hotel about the incident at 10 a.m. on Tuesday, and a maintenance worker freed the crying child.

Det.-Sgt. Scott Kraushar said the parents were at the scene but they left with the baby before police arrived.

"They were quite distraught and brought the cleaning staff back to the hotel room," he said.

"Unfortunately there was a delay in contacting police, and we're not thinking that they were trying to run, they just checked out during that time."

He said there is no information about why the baby was inside the safe.

The hotel's manager, Kevin Liddle, said he was made aware of the situation through other staff and instructed them to contact police.

"We as management are deeply concerned by (Tuesday's) events," he said.

"The local authorities were contacted and the hotel is co-operating with them fully."

Investigators said the hotel room was registered to a person from Brooklyn, N.Y., who was driving a grey passenger van with the New Jersey licence plate B31 EUB.

Kraushar said police want to locate the family to find out about the welfare of the child.

THE CANADIAN PRESS

Reporters heckled at event

ELECTION 2015

Journalists' line of questioning angers Harper supporters

A few Conservative supporters took to shouting down reporters' questions to Stephen Harper Tuesday, apparently angry the journalists continued to ask questions about the continuing criminal trial of Senator Mike Duffy.

Hecklers booed and cried "shame" when journalists used a few of their daily "allotment" of five questions to Harper on the Duffy trial, where Harper's former chief of staff, Nigel Wright, is on the stand.

The hecklers demanded the journalists ask about the issue at hand: a piece of legislation introduced by the Conservatives in March, which would be their top public safety priority if re-elected.

One shouted to the journalists that they should ask questions about seniors.

\$12,500

The amount news outlets pay per week, plus hotel and meal expenses, to cover the Conservative campaign. Reporters are transported by the campaign to Harper's events and permitted to ask a few questions of their choosing each day.

TORSTAR NEWS SERVICE



During a campaign stop in Etobicoke, Ont., on Tuesday, advocates of the Progressive Conservative Party sharply attempted to steer media away from inquiries about the criminal trial of Sen. Mike Duffy, claiming they should focus on anti-terrorism and the needs of seniors instead. SEAN KILPATRICK/THE CANADIAN PRESS

Harper, for his part, attempted to quiet the supporters down and dealt with the questions asked of him.

Outside the event, one man who refused to identify himself called a reporter "lying piece of s—t" and accused her of cheating on her taxes.

"Duffy made a bit of cheating on his tax return, and you're turning it into an issue," the man yelled in footage posted online by CBC.

"It's not a deal; it's a nothing. Harper doesn't read income tax forms, you idiot. It's done by the people in the tax department."

It's not clear where the man got the idea that the Senate spending scandal had anything to do with income tax or the

tax department, also known as the Canada Revenue Agency. The man was escorted away by security, directing reporters to "stuff" themselves.

Kory Tenycke, a spokesman for the Conservatives re-election campaign, apologized for the incident and said supporters would be reminded of appropriate decorum at future events.

For the past week, media outlets have largely focused on the Duffy trial. Wright, who cut a personal \$90,000 cheque to cover Duffy's disputed housing expenses, has been testifying since Wednesday.

Emails released as evidence in that trial show that senior members of Harper's office, including Wright's replace-

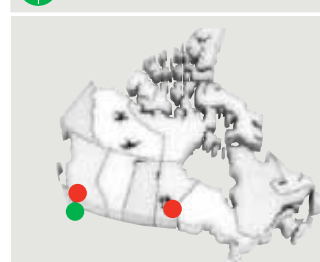
ment Ray Novak, were looped in on many of the conversations about how to handle Duffy's circumstances.

Novak continues to play a role on the Conservatives' re-

election campaign, as does Marjory LeBreton, a retired senator who co-ordinated with PMO on the Duffy issue.

TORSTAR NEWS SERVICE/WITH FILES FROM THE CANADIAN PRESS

WHERE THE LEADERS ARE TODAY



● **Justin Trudeau** will be in Winnipeg to make an announcement and then in Vancouver to do the same.

● **Elizabeth May** will be greeting commuters in Saanich, B.C.

Itineraries for Stephen Harper and Tom Mulcair were unavailable.



Donald Bayne, lawyer for former Conservative senator Mike Duffy, claimed at the Ottawa courthouse on Tuesday that Harper's chief of staff, Ray Novak, was in the loop from the very beginning on Nigel Wright's machinations. FRED CHARTRAND/THE CANADIAN PRESS

TESTIMONY

PM contradicted at Duffy trial

Testimony at the trial of Sen. Mike Duffy has put Stephen Harper's right-hand man smack in the centre of the scandal, contradicting the Conservative campaign's assurances.

Ray Novak, Harper's chief of staff and current campaign director, was in touch right up until the call of the federal election with Nigel Wright — the ex-chief of staff whom Harper has repeatedly held responsible for the scandal.

And court heard that Novak has been in the loop from the very beginning on the behind-the-scenes machinations that eventually led to Wright's departure from the Prime Minister's Office and some of the charges laid against Duffy.

That version of events directly contradicts what the Conservative campaign told re-

porters late last week — that Novak was not aware.

The information emerged during Duffy's trial on fraud, breach of trust and bribery charges.

Defence lawyer Donald Bayne read out an interview conducted by the RCMP with former PMO lawyer Benjamin Perrin in February 2014.

Perrin told the RCMP investigator that it was "black and white" that Novak was told that former chief of staff Wright would foot the \$90,000 bill for Duffy's contested expenses.

"I believe that Ray Novak was in the room at that time," Perrin said in a transcript that was read out in court Tuesday by Bayne.

"The people who from my own personal knowledge knew about this was, obviously, Ni-

+ UNDER FIRE

Under questioning from Duffy's lawyer, Wright at first said he had last spoken to Novak in May or June, but then said he had exchanged text messages with him "probably about two weeks ago."

Wright says he does not have a record of the messages. THE CANADIAN PRESS

gel Wright, Ray Novak, we've gone through that, and David van Hemmen, Nigel Wright's assistant."

Despite leaving the PMO under a cloud after his \$90,000 payment became public, Wright said he is still in contact with Novak. THE CANADIAN PRESS



A man lights a candle near the scene in Bangkok where 20 people died Monday. SAKCHAI LALIT/THE ASSOCIATED PRESS

Man filmed at bomb site

THAILAND

Video shows a suspect leaving a backpack at crowded shrine

In the grainy security video, a man in a yellow shirt sits on a bench at the crowded Erawan Shrine, removes a backpack he is wearing, and leaves it behind when he walks away.

For police hunting who was responsible for Monday's deadly bombing in central Bangkok, there was no doubt about the man with youthful shaggy dark hair and glasses.

"The yellow shirt guy is not just the suspect. He is the bomber," police spokesman Lt. Gen. Prawut Thavornsiri told The Associated Press on Tuesday.

Prime Minister Prayuth Chan-ocha called the shrine bombing near a busy intersection that killed 20 and wounded more than 100 "the worst incident that has ever happened in Thailand," and he promised to track down those responsible.

"There have been minor bombs or just noise, but this time they aimed for innocent lives," Prayuth said. "They want to destroy our economy, our tourism."

Bangkok was rattled again Tuesday when another pipe bomb blew up at the Sathorn Pier, which is used by tourists, although no one was hurt.

Prawut released several



The man on video identified as a suspect.

HANDOUT/THE ASSOCIATED PRESS

photos of the man, with and without the backpack, on social media. The images were apparently taken from closed-circuit video at the shrine before the bomb exploded.

Video posted separately on Thai media appeared to show the same man sitting on a bench at the shrine, taking off the backpack and leaving it behind as he walked away.

Without elaborating, the prime minister said: "Today we have seen the closed-circuit footage, we saw some suspects, but it wasn't clear. We have to find them first."

The bomb, which police say was made from a pipe and weighed three kilograms, went off around 7 p.m. in an upscale area filled with tourists, office workers and shoppers. No one has claimed responsibility.

Prawut said Tuesday's blast at the Sathorn Pier frequented by tourist boats also was caused by a pipe bomb and could be related to the shrine attack.

THE ASSOCIATED PRESS

ENVIRONMENT

Lobsters go north due to ocean warming

The U.S. lobster population has crashed to the lowest levels on record in southern New England region while climbing to heights never before seen in the cold waters off Maine and other northern reaches — a geographic shift that scientists attribute in large part to the warming of the ocean.

The trend is driving lobstermen in Connecticut and Rhode Island out of business, ending a centuries-old way of life.

Because of the importance of lobsters to New England's economy, history and identity, the northward shift stands as a sad example of how climate change may be altering the natural range of many animals and plants.

"It's a shame," said Jason McNamee, chief of marine resource management for Rhode Island's Division of Fish and Wildlife. "It's such a traditional, historical fishery."

10M

There were 10 million lobsters in New England south of Cape Cod in 2013, one-fifth the total in the late 1990s, regulators say.

The declines are "largely in response to adverse environmental conditions, including

increasing water temperatures over the last 15 years," along with continued fishing, the Atlantic States Marine Fisheries Commission said.

In northern New England, meanwhile, lobsters are booming. The population in the Gulf of Maine and in fishing grounds farther out to sea has more than doubled to about 250 million adult lobsters since the mid-1990s, a report said.

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ELECTRONICS

Toshiba to add outside directors after scandal

Japanese energy and electronics giant Toshiba Corp. says it expects to book a loss in the current fiscal year and is beefing up its management standards after an investigation found extensive problems with its accounting and corporate governance.

The company said Tuesday that it plans to add more outside directors to help ensure stricter oversight.

The newly organized board is to have 11 members, seven of whom will be outside directors.

A probe found under-reporting of project costs and losses in many divisions in a scandal that prompted the resignations of former company president Hisao Tanaka and two other top executives.

Toshiba plans to revise its earnings by \$1.2 billion US or more to correct the mistakes.

The report by the investigation committee into the accounting problems outlined many instances of company officials under-reporting costs, delaying reports of losses and other abuses, including "channel stuffing," or inflating sales figures by putting more products into a distribution channel than it can sell.

In many cases it attributed the missteps to worries that upper management would not accept the losses and to lax internal controls. No charges have been filed related to the problems, which date back at least six years.

THE ASSOCIATED PRESS

Upstart steps in Apple's turf

TECHNOLOGY

Nymi develops wristband with security linked to heartbeat

Strapping your wallet, house keys and a database of passwords onto your wrist would make life a lot easier, and one Canadian company has created a way to link all of that information — with an extra level of security tied to your heartbeat.

Nymi is one of the latest entrants to the crowded wearables market, which is dominated by the hype of the Apple Watch and a wide selection of fitness trackers.

The Toronto-based company has created a wristband that operates like a virtual key that you wear on your wrist.

Sensing the electrical activity of its user's heart, the device can be used for a variety of functions, like logging onto your computer using a password, paying with your credit card at the checkout or opening your car door. Once you take it off, the device deactivates until you slip it on again and its sensors detect your heartbeat.

Nymi co-founder Karl Martin says that when he started



Co-founder Karl Martin shows off the device at his company's office in Toronto. CHRIS YOUNG/THE CANADIAN PRESS

the company in 2011, under the name Bionym, wearables were mostly still just an idea among developers.

Martin was working as a researcher at the University of Toronto, where he and a colleague were digging into the possibilities of biometric technology. But their idea was too fresh for many companies to get behind, so they decided to take the project solo.

"Wearable technology was just starting to bloom," he said. "It was sort of like the stars were aligning."

Over the past year, Nymi

has been tested on the arms of a small group of Canadians.

The company partnered with Royal Bank on the RBC Pay-By-Hand last fall, a pilot project designed to give banking clients more payment options.

Nymi rolled out a larger test earlier this summer by equipping about 100 TD Bank customers in Toronto, Ottawa and Regina with the wristband.

Other banks are expected to join the experiment in the coming months, but it could still be a while before consumers get their hands on a Nymi band. THE CANADIAN PRESS

INTERNET

Google building smarter router

Google is making a Wi-Fi router as part of its ambition to provide better Internet connections that make it easier for people to access its digital services and see more of its online advertising.

Pre-orders for the \$199 US wireless router, called OnHub, can be made beginning Tuesday at Google's online store, Amazon.com and Walmart.com. The device will go on sale in stores in the U.S. and Canada in late August or early September.

Google is touting the cylinder-shaped OnHub as a leap ahead in a neglected area of technology.

The company is promising its wireless router will be sleeker, more reliable, more secure and easier to use than other long-established alternatives made by the Arris Group, Netgear, Apple and other hardware specialists. Google teamed up with networking device maker TP-Link to build OnHub.

OnHub will adapt to evolving needs because its software will be regularly updated to unlock new features.

THE ASSOCIATED PRESS

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Custody and Temporary Guardianship Order To Kalton Perkes

Take notice that on the 31st day of August, 2015 at 9:30 a.m., at Calgary Family Court, Courtroom #1205, 601 – 5th Street SW, Calgary, Alberta, a hearing will take place.

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You do have the right to appeal the Order within 30 days from the date the Order is made.

Contact: Jackie Ellice; Leanne Baines; Daniella Eggink

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URBAN ETIQUETTE: ELLEN VANSTONE ON SAYING SOMETHING NICE



THE QUESTION

Is there a politically neutral way to compliment someone on the street or at work?

Dear Ellen,
Is there a politically neutral way to compliment someone's appearance on the street or at work?
Viktor in Vancouver

Dear Viktor,
This is an excellent question for our changing times and one that applies to all sexes, genders, orientations and age groups. But let's start with examples from the heterosexual arena.

There once was a day — or a few millennia, I guess — when men could lasciviously slaver over unaccompanied women in public. I have no doubt that in ancient Rome, local lads harassed vulnerable ladies with such witty comments as "Show me your peccorum," or "Hey, baby, let's fornicari." Such behaviour may have been deemed crass but it was accepted as absolutely normal in patriarchal societies where a female without a male "owner" in public was seen as fair game for sexual comment, or worse.

Sadly, such attitudes are still rampant. At least now, sexually charged verbal assault is increasingly being identified for what it is: a hateful abuse of power.

Equally sadly, the rude pigs who yell at women on the street, along with the slimeballs who intimidate their female staff with sexual innuendo at work, have ruined it for the truly nice men out there who simply do want to pay a polite compliment.

Note that there is not a fine line between "You look great today" and "I'd like to shove you up against a wall" — but things have become so freighted, with a new awareness of rape culture and its accompanying political-correctness-on-steroids. The casual compliment has gone the way of the dodo (much like

There is not a fine line between "You look great today" and "I'd like to shove you up against a wall."

my phraseology, but never mind).

If you are tempted to compliment a stranger or co-worker, here are some simple guidelines.

If you are a straight man, and you want to compliment a woman on the street or at work, try it out on a male first: "Hey buddy, I like your hair!" or "Man, you look fierce in those jeans!" If that seems creepy and inappropriate, it's probably creepy and inappropriate to say to a woman, too.

If you're gay and you want to compliment a person of

the same sex, the male-female power dynamic may be less of an issue. But you are still strongly advised to comment only if, a) The subject of your compliment is not a subordinate in the workplace hierarchy, and b) You live in a large, cosmopolitan city where tossing out same-sex compliments in public won't get you killed.

If you are a young person, straight or gay, and the person you want to compliment is older, it may be safe. In fact, there's something ineffably gallant about a young person who, with the merest complimentary hint, can acknowledge the vitality of an older person. To do so, however, will require a level of finesse few people possess.

First, the compliment must be tempered by whether or not they share your sexual orientation. (If you don't

understand this, don't bother reading any further; you clearly don't have the finesse, so just skip to the end.) Second, your compliment must indicate that, while they are attractive, you as a young person would never presume yourself to be an eligible partner (unless you were contemporaries, of compatible sexual orientations, in another era, in which case you'd unquestionably find them irresistible). Third, you have to mean it. A false or patronizing "compliment" will invite only contempt.

The best rule might be to avoid personal comments in public or at work altogether. Instead, shower them where they'll be most appreciated — on family, friends and lovers.

Need advice?
Email Ellen:

scene@metronews.ca



ROSEMARY WESTWOOD

metroview

I let a baby roll off a porch. Will I ever be ready for parenting?

I let the baby fall off the porch.

It was the latest encounter with little humans that left me convinced: I'm not ready for one of those.

I'd like to say it wasn't my fault. The 11-month-old can't walk or crawl. She scooches around on her diaper-clad bum, pulling herself with pudgy little arms, but she's surprisingly swift.

We were on the wide sunny porch of the cabin, which thankfully only rises two steps above the grass.

I was on watch duty, a low-grade job that involves the odd directional adjustment to her slide. Someone gave a sharp yell at the dog. I looked up, and she went over the edge.

She wasn't hurt but she was devastated. And so, in a way, was I.

A 29-year-old woman should be able to keep a baby from tumbling off a deck.

Then there were her equally adorable brothers, seven and four years of age, who had a lot more mobility and a lot more energy. A relative outsider (they are my second cousins), I watched a family of six adults trade off activities like book reading, soccer, sailing, tubing and making sure the boys ate their dinner.

I joined in with a bit of tag and swimming, some banter about favourite foods. But I

didn't feel the pull to teach them a card game. I don't really like soccer. I was glad to read my book and fry eggs for my keep, keeping mostly to myself. Baby/child encounters seem to end this way, with relief that I remain childless.

My sister, for years a nanny, has managed to still want children.

"It definitely fluctuates," she said. "Sometimes when I'm at the pool and all these screaming kids are splashing and kicking around me, I hate them. And then when I spend time with my friends who have kids or are expecting, it makes me feel excited about the idea of doing that myself."

That is the irony of the young city-dwelling woman. Kids sound nice, but not right now. She's pressing on with her career, travelling and eating gourmet tacos. She's volunteering with an underground magazine or literary events. She's buying a house or worrying about affording one. She's cooking for friends. She's bringing the wine.

The clock is ticking. My ovaries should be kicking. But kids remain in the somewhat distant future, where, I'm banking, a hidden need will emerge and indifference will become yearning.

Because right now, nothing makes me take birth control more seriously than other people's children.

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5

NEW TV SERIES TO WATCH RIGHT NOW

Couch potato season is almost upon us. As TV junkies, we're excited about the fall television schedule kicking off next month with its promising new shows as well as the return of several favourites. But if you need a fresh TV fix to tide you over until September, August offers up some brand spankin' new gems that should do the trick

BRIAN GASPAREK/FOR METRO

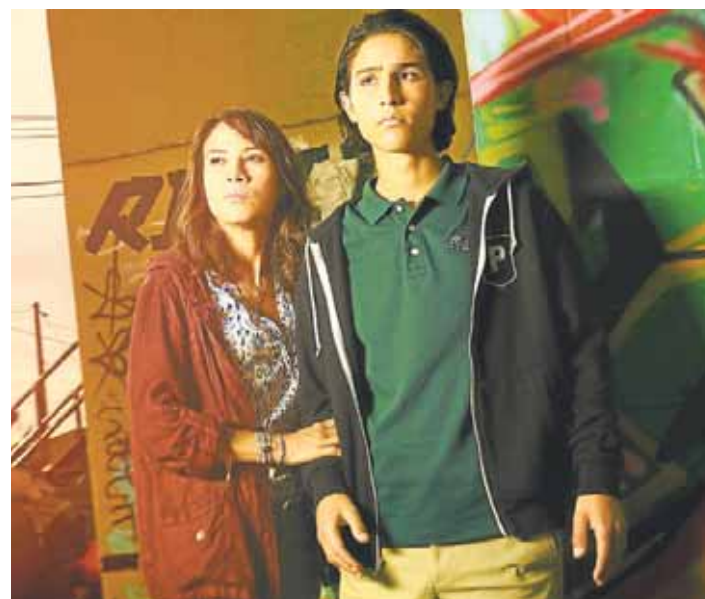
1 The Carmichael Show

Popular standup comedian and goofy Neighbors star Jerrod Carmichael launches his highly anticipated new sitcom The Carmichael Show on NBC this month. The show revolves around Carmichael's relationship with his girlfriend and fictional family with a cast that includes Loretta Devine and David Alan Grier as his parents. The half-hour risqué comedy has potential to be TV's next big sitcom hit. But at the very least, let's just hope it's better than Mr. Robinson. **Aug. 26**



2 Narcos

Netflix's new series to binge-watch for August is Narcos, a cool-looking drama about the Medellín cocaine cartel run by Pablo Escobar in the '80s and the DEA's attempts to take him down. It should be incredibly intense, excellent and far better than Vinnie Chase's take on Medellín in Entourage. **Aug. 28**



3 Spinoff to watch: Fear The Walking Dead

A show as massively popular as The Walking Dead most definitely needs a spinoff, and this month we're getting it.

On Aug. 23, AMC is set to premiere Fear The Walking Dead. The show will act as a prequel (or "companion series") to The Walking Dead, and looks just as spooky and zombie-filled.

The show takes place in L.A. and revolves around a divorced schoolteacher, his fiancée and her kids as they experience the early stages of the zombie apocalypse — you know, the same time that Rick was in his coma.

It's said that Fear The Walking Dead will focus closely on telling the story of a family unit and the problems they face as the collapse of civilization approaches. Obviously you can't miss it. **Aug. 23**

4 Blunt Talk

Blunt Talk may very well be the best new show premiering this month. Produced by Seth McFarlane and starring Patrick Stewart, the comedy sitcom follows the misadventures of a misguided, degenerate Brit newscaster (Stewart) who moves to L.A. hoping to conquer American cable with his new nightly show. The series features a solid supporting cast that includes Richard Lewis, Ed Begley Jr., Jason Schwartzman and Jacki Weaver. It looks crass and hilarious and is already signed on for two seasons. **Aug. 22**



5 Documentary Now!

How could you not watch a spoof mockumentary mini series created by Fred Armisen, Bill Hader and Seth Meyers that is hosted Dame Helen Mirren? You just know it's going to be hilarious. IFC's Documentary Now! aims to spoof celebrated docs by parodying them with similar fictitious subjects. The first episode spoofs VICE News' hipster docs. **Aug. 20**



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Pretty gets more penny when it comes to coffee

RESEARCH

Foam-art latte perceived as better: Study

NUTRI-BITES

Theresa Albert

myfriendinfood.com



Will you pay more for pretty?

I pay for my hair, nails and clothes to present my best self to the world. Curb appeal sells a house as do stainless steel appliances that function exactly the same as plain white ones. What about the swirly picture in your latte? Is that worth a buck more per cup?

A study published in the Journal of Sensory Studies says you will not only pay for it, but that you are likely to perceive it as better. The results "clearly demonstrated that people will pay significantly more for a coffee with latte art." Apparently there is also a preferred shape.



French champion of latte art Rudy Dupuy prepares a creation.

JEAN-CHRISTOPHE MAGNET/AP/GETTY IMAGES

We like round shapes over angular ones when it comes to our coffee art.

The benefits of coffee are numerous: High in health-promoting antioxidants, liv-

er protective, can lower risk of diabetes, enhances mood, energy and performance and may prevent Alzheimer's and Parkinson's disease.

But we also seem to seem to

drink it for comfort and visual cues help. Just for fun, tweet me a photo of your favourite latte design shape. Let's test the theory. @theresaalbert, @metronews.

RECIPE HOMEMADE MELON AND PINEAPPLE FRUIT SLUSHIES

One of our favourite ways to beat the heat at the end of summer is to turn some of the season's abundant produce into beautiful, delicious frozen fruit slushies.

It's fun and easy to get creative. Not only can you experiment with different fruits and juices, you also can get fancy (or fanciful) with the glasses and bowls (though clear glass is almost mandatory) you serve them in.

Start to finish: 4 hours (20 minutes active)

Servings: 6

- 1 cup cubed honeydew melon
- 3/4 cup apple juice, divided
- 6 tablespoons honey, divided
- Kosher salt
- 1 cup cubed cantaloupe melon
- 1 cup cubed pineapple

1. In a blender, combine honeydew melon,

1/4 cup apple juice, 2 tablespoons of the honey and a small pinch of salt. Blend until smooth.

2. Spoon the mixture into 6 glasses, filling each about a quarter to a third of the way full. Freeze for 30 minutes. Repeat the blending and layering process with the cantaloupe, using another 1/4 cup of apple juice, 2 tablespoons of honey and a small pinch of salt. Freeze for another 30 minutes.

3. Finally, blend the pineapple with the remaining apple juice, honey and a pinch of salt. Add the third layer to the glasses. Freeze until desired slushiness, about 2 hours.

Nutrition information per serving: 110 calories; 0 calories from fat (0 per cent of total calories); 0 g fat (0 g saturated; 0 g trans fats); 0 mg cholesterol. THE ASSOCIATED PRESS



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TECHNOLOGY

Things you need to know about veggies grown in space

Hadley Boltres

Metro | New York

Astronauts have for the first time tasted food grown in space. Monday, on board the International Space Station, three American crew members, Kjell Lindgren, Kimiya Yui, and Scott Kelly, took bites of the freshly "space"-grown red romaine lettuce. Here are the six things you need to know about the "giant leaf for mankind" possible, according to NASA.

How did it taste?

The veggie tasted like arugula, according to astronaut Scott Kelly. A choice word given the Brits call it rocket. "Tastes good," concluded Kelly.

Key players?

Orbital Technologies Corp. based in Madison, Wisc. developed the technology and then tested it at NASA's Kennedy Space Center in Florida. Then on May 7, NASA astronauts and Expedition 39 flight engineers Steve Swanson and Rick Mastracci installed Project "Veggie" on the Columbus



A variety of lettuce called Outredgeous grows inside in a prototype Veggie flight pillow. GIOIA MASSA/NASA

module. Astronaut Scott Kelly activated the seeds July 8, a year after they entered orbit.

What happened?

First, LED lights were turned on inside Veggie and the seeds were watered inside growth pockets, called "pillows." The pillows contain fertilizer which is released at different times. The growth cycle should be 28 days, but it took 33 days to grow the romaine lettuce in space.

How did it work?

In the absence of gravity, the

lettuce would still grow towards the light, so LED lights were placed above the pillows. Without gravity, roots still grow towards the sources of nutrients.

What does this mean?

Dr. Gioia Massa foresees that long-term exploration missions will use this technology, so astronauts can enjoy fresh veggies. Also, astronauts won't just be stuck with red romaine lettuce. Veggie can be used for many types of plants that grow up rather than in the ground.

Kawaii queen takes on world

KYARY PAMYU PAMYU

J-pop star wants to take 'Japan's unique cuteness' to larger audience



The queen of Japan's sugar-coated pop scene, Kyary Pamyu Pamyu has unveiled bold plans to conquer the world — just as soon as she's done her English homework.

Still only 22, Kyary's rise to superstardom has been meteoric, a coquettish charm and off-kilter pop appeal spawning a string of number-ones and viral videos and thrusting her firmly to the forefront of Japanese "kawaii" (cute) culture.

Despite extraordinary fame in her home country and frequent comparisons to American stars Katy Perry and Lady Gaga, the popette wants to capture hearts and minds further afield.

"I'm happy for people to liken me to Katy Perry or Lady Gaga so I'm working hard to emulate them and

become a global star," Kyary told AFP in a backstage interview before performing at the Summer Sonic music festival outside Tokyo this weekend.

"I admire Katy Perry and always looked up to her," added the singer and fashion model, perched on a sofa backstage in a fluffy pink skirt with a giant yellow bow crowning her strawberry blonde locks.

"I don't have Katy's sexy style so I'm focusing on introducing Japan's unique cuteness and quirky music to the world.

"I know I've got to improve my English. My new song's about Halloween and has an English chorus, but my pronunciation isn't very good.

"I just hope people think it's cute."

One English song, Ring a Bell, features the helium-voiced singer demanding over and over, and over: "ring, ring, ring a bell, ring a bell, ring-a-ring a bell." In the smash hit PonPonPon she reports: "Everyday 'pon,' everytime is 'pon,' I want to ride a merry-go-round!" and in the video — viewed more than 83 million times on YouTube — Kyary flutters her eyelashes and pats herself on the backside as she slips into a dizzying array of wacky costumes.

Kyary, who released her debut album in 2011 is fiercely determined to conquer the North American and European markets, with two world tours.

AFP

ADORABLE, SUCCESSFUL

Kyary's techno-pop went down well with a sun-baked Summer Sonic crowd waiting for headliners the Chemical Brothers.

TAYLOR SWIFT

Harris and Malik duke it out on Twitter

Lisa Weidenfeld
For Metro

On Monday night, Calvin Harris got into a bit of a Twitter spat with former One Directioner Zayn Malik after he thought Zayn was saying something negative about his No. 1 special lady, Taylor Swift.

That beef calmed down pretty quickly, with Harris even gen-

erously telling Zayn he had a great voice. But the eagle-eyed research team at E! News points out this isn't the first time Harris got into a spat on Twitter. In 2011, he and noted Taylor Swift nemesis Katy Perry got into it on Twitter over him pulling out of her show, and he also once insulted the songwriting abilities of Lady Gaga, who called him out on Twitter about it back in 2012. These people need to just pick up the phone and call each other.



Calvin Harris. GETTY IMAGES

GOSSIP BRIEFS

Kourtney wants a rich old man

It's hard to get back out there after your ex-partner goes on a giant bender and starts hooking up with randos, but Kourtney Kardashian is ready to get back out there. A "source close to" Kourtney shared. If you're wondering what it takes to win her eye, she is reportedly looking for a "man that has children of his own" who "doesn't drink" and who is "older than her and independently wealthy."

LISA WEIDENFELD/FOR METRO

Kurt Cobain track released

A previously unreleased song from Kurt Cobain has appeared online, found in the end credits of the new cut of Brett Morgan's Montage of Heck, reports NME.com. The track — whose only decipherable lyrics are "I'm a bad man" is believed to be from 1991. In the song, Cobain's voice sounds far away against the guitar riffs, except for one portion in which the Nirvana frontman can be heard screaming in falsetto. AFP

ERECTILE DYSFUNCTION

Don't blame the condoms: Study

Erection difficulties are a common complaint from condom users, yet a recent study says condoms are not to blame and that more education is needed about proper condom use.

Working with 479 heterosexual male condom users between the ages of 18 and 24, the research team concluded that those who said the condoms gave them erection trouble likely were experiencing generalized erection difficulties.

One third of participants, they say, were not familiar with proper condom use and they propose psychosexual therapy or educational in-

formation to those who complain of condom-associated erection troubles.

"Condom-associated erection problems have been a very under-researched topic," says co-author Dr. Cynthia Graham. "Increasing evidence suggests, however, that they may influence whether condoms are used correctly or from start to finish of sex."

The study was published in the Journal of Sexual Medicine.

AFP



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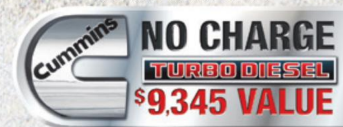
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REVIEW

Ford F-150 rides smoothly, but consider needs when deciding on engines



Jil McIntosh
Metro | Canada

After having Canada's best-selling truck for several decades, Ford took a bit of a risk with its all-new 2015 F-150. While the frame is made of high-strength steel, the body is entirely formed of aluminum.

The reason was primarily to save weight, which comes with a few advantages. One is fuel consumption, since the heavier something is, the more it takes to move it around, while another is capability. Towing and payload numbers are a combination of the weight of the truck, the trailer, and whatever's being carried. Make the truck lighter, and the load can be heavier. To that end, the F-150 has a top towing capacity of 12,200 lbs.

That lighter weight also allows for the all-new engine that was in my tester, a 2.7-litre EcoBoost V6 engine. The EcoBoost name indicates that it's turbocharged, which

gives it smaller-engine fuel economy under light load, but bigger-engine power when it's needed. You can also get a 3.5-litre V6 EcoBoost, or choice of non-turbo 3.5-litre V6 or 5.0-litre V8.

It's a smooth performer and it hauled around my Super-Crew tester with ease, but consider your needs before you decide to put one under the hood. Under everyday driving, it returned an impressive 13.0 L/100 km for me, but the EcoBoost engines get thirsty when they're working hard. That extra fuel could easily balance out if you only tow or haul occasionally, but if you're constantly pulling, I'd suggest looking at the non-turbo engines.

Overall, Ford has done a good job on this truck: It rides and drives smoothly, and responds quickly enough to wheel input that it feels smaller than it actually is. The redesigned interior is

handsome, but not quite as impressive as some of its competitors.

Trim lines run from a basic work truck with a bench seat,

to seriously luxurious models like the King Ranch and Platinum. Everybody makes a very good truck these days, and Ford has a lot of competition, but it's still likely that this all-new model will remain at the top of the pack for a while.

THE CHECKLIST | 2015 FORD F-150

THE BASICS

Type. Two- or four-door full-size pickup truck
Engine (hp/torque). 2.7-litre EcoBoost V6 (325/375); 3.5-litre V6 (282/253); 3.5-litre EcoBoost V6 (365/420); 5.0-litre V8 (385/387)
Transmission. Six-speed automatic
Price. Base \$24,899, as-tested \$55,099 (plus destination)

COOL FEATURES

- Locking box cleat storage system
- Twin-panel sunroof
- Capless fuel filler
- Trailer sway control
- Trailer mileage tracker
- Crash-inflatable rear seatbelts
- Mirror-mounted spotlights



JIL MCINTOSH/FOR METRO

POINTS

- The F-150's available LED headlights are an industry first on a pickup truck.
- With its aluminum body and more high-strength steel, the 2015 F-150 weighs up to 317 kg less than last year's model.
- The redesigned tailgate step makes it easier to slide cargo across the lowered tailgate.
- Higher gears can be "locked out" when towing, to improve driving performance on steep grades.

MARKET POSITION

It's yet to be seen how repair costs or long-term maintenance are going to affect Ford's new all-aluminum body, but expect to see more lightweight materials throughout the segment as automakers scramble to meet fuel standards.

THE COMPETITION



Chevrolet Silverado
Base price: \$27,950



Ram 1500
Base price: \$28,595



Toyota Tundra
Base price: \$27,820



The EcoBoost engines get thirsty when they're working hard.

TECHNOLOGY

Mojio looking to make a connection with drivers

Mojio Drive is the latest platform and marketplace for apps and services that can make potentially any car a connected car. However, it is launching at a time when connected car hacks are rarely out of the headlines.

Every vehicle built within the last 20 years has an on-board diagnostics (OBD) port. It's used by mechanics and serving technicians to check on a car's health and to identify potential mechanical or electronics issues.

But the OBD port can also be used by insurance companies

and disruptive tech startups to offer new features and services, and since 2012, Mojio has been developing an OBD dongle that, when plugged in, connects

with the driver's smartphone to offer diagnostics and other information such as fuel economy. But that is just the start.

"We know that drivers want their cars to be more like their smartphones. There are at least as many connected car use

cases as there are app developers, and so an open platform for building apps is essential to giving people what they want," said Jay Giraud, CEO of Mojio.

"With more than 800 developers using Mojio's open platform creating apps and services that span the entire automotive market — from vehicle maintenance apps

to data-driven auto insurance services — Mojio is at the forefront of the connected car economy enabling drivers to save hundreds of dollars per year."

Mojio is by no means the only company trying to unlock the potential of connected cars. Automatic, which also makes an adapter for the OBD port, launched its own connected car app store in May, the Automatic App Gallery.

But as coverage of car hacking continues, consumers may well think twice before installing something in their



The Mojio 3G+GPS OBD adapter. MOJIO

+ THE CORVETTE THAT WAS HACKED

Adapters and their supporting apps are arriving at a time when the threat of hackers to smarter, more connected cars is in the news. One example involves researchers from the University of California at

San Diego, a smartphone, a Chevrolet Corvette and the car's OBD port. By sending a text message to an OBD dongle, the researchers were able to apply the Corvette's brakes and to turn on its windshield wipers.

cars that enhances connectivity — even if many of the services, such as remote vehicle tracking and real-time fuel economy and

greener driving tips, could be hugely beneficial to the average driver in terms of reduced running costs and repair bills. AFP



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TRANSIT

London awaits first electric double-decker

The world's first purpose-built pure electric double-decker bus will enter passenger service in London in October. London Mayor Boris Johnson says it will be the first of many to come. The city bought its first hybrid bus in 2009, and today has more than 1,300 in service. Automaker BYD of China helped resolve the issue of fitting in enough batteries to adequately power a double-decker bus.



THE GREEN ANGLE

Metro's weekly picks for the latest in environmental news

Iconic red bus gets greener



FUEL ECONOMY

A longer, lighter Cruze

Sharing significant exterior design cues with its Volt and Malibu siblings, the 2016 Chevrolet Cruze still looks much like the concept previewed in China last year, if not a bit sportier. It has more than improved looks, says General Motors; it's more aerodynamic, bringing "drag" to new lows. And despite being three inches longer than the current Cruze, it is up to 110 kilograms lighter overall, depending on options ordered. The new body structure includes more lightweight, high-strength steel, responsible for 24 kilograms in weight savings; a further 20 kilograms are lost through a new aluminum 1.4-litre turbocharged four-cylinder engine.

TEXT AND IMAGES BY WHEELBASE MEDIA



WASTE REDUCTION

Volt batteries get extended life

General Motors is finding new ways to repurpose used batteries from its first-generation Chevrolet Volt extended-range electric car, one of which includes using five of them to keep the lights on at GM's Enterprise Data Center in Michigan. "Even after the battery has reached the end of its useful (mobile) life ... up to 80 per cent of its storage capacity remains," an official said. The batteries can also provide backup power to the building for four hours in the event of an outage and stores that energy when not needed.

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MAZDA3 sedan
GT model shown

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*Based on a representative example using a finance price of \$16,923 for the 2015 Mazda3 GX (D4XK65AA00) at a rate of 1.49% APR, the cost of borrowing for an 84-month term is \$908, bi-weekly payment is \$98, total finance obligation is \$17,832.
Taxes are extra and required at the time of purchase. All prices include \$6.25 AMVIC Fee, max. \$20 new tire charge, \$100 a/c fee where applicable, block heater, and freight & PDI of \$1,695. As shown, price for 2015 Mazda3 GT (D4TL65AA00) is \$28,323.
*To learn more about the Mazda Unlimited Warranty, go to mazdaunlimited.ca. Licence, insurance, taxes and down payment (where applicable) are extra and may be required at the time of purchase. Dealer may sell/lease for less. Dealer order/trade may be necessary on certain vehicles. Offers valid August 1 - 31, 2015, while supplies last. Lease and finance on approved credit for qualified customers only. Prices and rates subject to change without notice. Visit mazda.ca or see your dealer for complete details.

It takes 2 for fun-to-drive reliability

USED VEHICLE

Check for warped rotors in 2011-2014 Mazda2 models

Mazda added the new 2 to their model range in Canada for model year 2011, with a sporty grille, wide-set stance and sweeping character lines

dialling up the on-road presence, and numerous touches like fog lamps, a hatch-spoiler and alloy wheels available for added sophistication.

Top-line features include high-tech rain-sensing windshield wipers, automatic headlights, a chrome tailpipe accent and side-sill extensions. USB audio connectivity is standard, making it easy to access tunes stored on virtually any device.

The test drive

Test-drivers are advised to be on the lookout for a radio head-unit that cuts out in cold weather, and should listen for a clicking or popping sound at startup, when the steering wheel is first turned. This sound is accepted as normal as the steering system first builds pressure in its lines, though anything more than a small, brief noise warrants investigation.

Check the brakes, as numer-

ous owners have complained about warped rotors, though this issue is typically dependent on locale and driving habits. Warped brake rotors need replacement or repair, and are evidenced by a pulsating sensation through the pedal, originating in the front of the vehicle, during light to moderate braking.

Squeaking or creaking noises over bumps from the rear suspension, especially in cold

weather, could be the result of rubber bushings or isolators that need to be serviced or lubricated. Mazda launched a Technical Service Bulletin (TSB #0200214) to address this issue. If the Mazda2 you're test-driving exhibits any unwanted suspension noise, ask a dealer to check the car out against that TSB.

Other advised checks are fairly minor. Check for the presence of water or condensation

in the headlamps, which can cause issues and damage. A check of the tailgate latch and strut assemblies should also be made, confirming proper operation.

Finally, check that both front wheel-well liners and mud-flaps (if equipped) are secure and present, as some owners have reported issues with fasteners breaking off with the weight of built-up snow and ice.

JUSTIN PRITCHARD

What owners like

Owners report satisfaction with overall value, styling, and fuel economy first and foremost. The Mazda2 also features a steering and handling setup that's nicely honed for driving enthusiasts, as well as a sporty and fun-to-shift five-speed stick.

What owners dislike

Typical gripes include useless and awkwardly placed cupholders, the lack of abundant at-hand onboard storage, and the wish for about 20 or 30 more horsepower.



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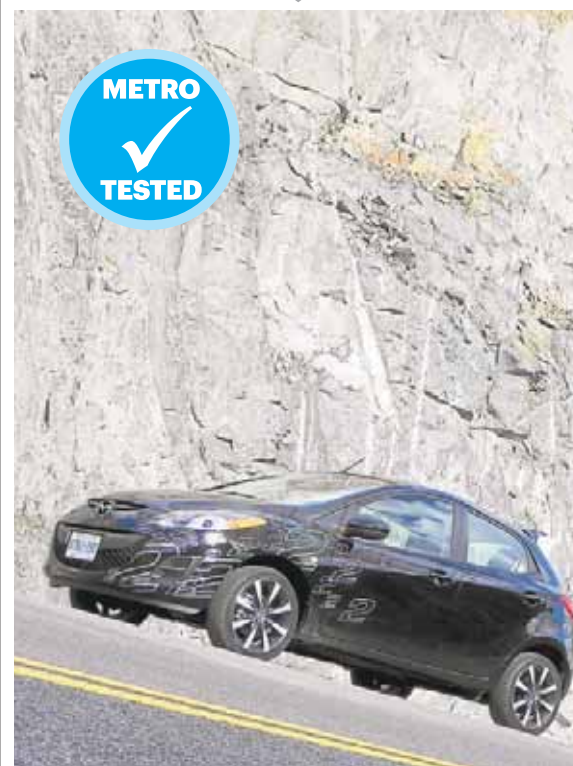
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COURTESY MAZDA

Engines/trim

All models shipped with a 1.5-litre, 100-horsepower four-cylinder engine, driving the front wheels via a five-speed manual or four-speed automatic. The entry grade was dubbed GX, while a Convenience Package added air conditioning, heated mirrors, a stereo upgrade, cruise control, remote keyless entry, a trip computer and more. The GS trim grade was the top-line model.

The verdict

Issues related to the Mazda2 seem minor and infrequent—most being easy to identify and resolve. Add in the easy do-it-yourself repair factor, flexible cabin and fun-to-drive attributes, and this one appears a fantastic bet on a thrifty, no-nonsense and entertaining little car.

IN BRIEF

A-Rod grand slam keeps Yankees atop AL East

Alex Rodriguez hit a slump-busting grand slam in the seventh inning, and the New York Yankees rallied from a three-run deficit against a depleted Minnesota bullpen to beat the Twins 8-4 Tuesday night.

Rodriguez extended his major league record for grand slams, hitting the 25th of his career into the Yankees bullpen off J.R. Graham (0-1) to put New York up 5-4.

Rookie Miguel Sano homered for the second consecutive game for Minnesota.

THE ASSOCIATED PRESS

Agent testifies Jordan strict with marketing deals

The architect of Michael Jordan's marketing strategy says advisers to the six-time NBA champion strictly police the types of deals he enters to maximize his value.

Sports management agent David Falk testified Friday in a federal court case in Chicago that's delving into the market value of Jordan's identity.

The issue is damages that now-defunct Dominick's Finer Foods owes the former Chicago Bulls player for invoking his name in a steak ad without permission. THE ASSOCIATED PRESS

49ers receiver Simpson suspended six games

The NFL suspended San Francisco 49ers wide receiver Jerome Simpson on Tuesday without pay for the first six games of the season for violations of the league's substance-abuse policy.

The 49ers were aware of a likely suspension for Simpson for previous issues, but nothing that is known to have occurred since he joined the 49ers on a two-year deal as a free agent in March. San Francisco has made it clear he must continue to demonstrate positive behaviour to remain in good standing with the team.

Simpson can return to the active roster on Oct. 19. He can still participate in all pre-season practices and games.

THE ASSOCIATED PRESS



Blue Jays first baseman Edwin Encarnacion tags out the Phillies' Cesar Hernandez in Philadelphia on Tuesday night. LAURENCE KESTERSON/THE ASSOCIATED PRESS

Jays power past Phillies

MLB

Donaldson's homers help Toronto keep pace with N.Y.

Josh Donaldson hit two homers, Edwin Encarnacion also went deep and the Toronto Blue Jays beat the Philadelphia Phillies 8-5 Tuesday night.

The AL wild card-leading Blue Jays have won 13 of 15. They remain one game behind

the AL East-leading New York Yankees who beat the Minnesota Twins 8-4.

The Phillies, who have the worst record in the majors, have lost four straight and five of six after winning 16 of 21 following the all-star break.

Donaldson hit a drive off Aaron Nola into the second deck in left field in the first. His three-run shot in the sixth off Jeanmar Gomez (1-3) gave the Blue Jays a 7-5 lead. A loud group of Jays fans chanted "MVP" as he rounded the bases. Donaldson has 33

TUESDAY In Philly

| | |
|-----------|----------|
| 8 | 5 |
| BLUE JAYS | PHILLIES |

homers and leads the majors with 91 RBIs.

Jeff Francoeur hit a solo homer for Philadelphia.

Knuckleballer R.A. Dickey allowed five runs and nine hits in four-plus innings, becoming the first Jays starter to give up more than three earned runs

in 21 games. Liam Hendricks (4-0) pitched out of a jam in the fifth to earn the win. Roberto Osuna pitched the ninth for his 14th save in 15 chances.

Ezequiel Carrera gave the Blue Jays a 3-1 lead on a two-run single with two outs in the third when the bases were loaded.

Cesar Hernandez hit a RBI single with two outs in the bottom half to cut it to 3-2.

The Phillies took a 4-3 lead on Freddy Galvis' RBI triple in the fourth. Cody Asche's RBI single had tied it.

Dickey left after the Phillies loaded the bases on three straight hits, including two infield singles to first base. Hendricks entered and retired Francoeur on a double-play grounder that scored a run.

Nola gave up three runs and four hits in five innings. He left with a 5-3 lead.

The Jays started their rally off Elvis Araujo. Chris Colabello's RBI single cut it to 5-4. Donaldson's shot off Gomez made it 7-5 and Encarnacion connected for an 8-5 lead. THE ASSOCIATED PRESS



Jasper Simmons
ANDRE RINGUETTE/FREESTYLE
PHOTOGRAPHY/GETTY IMAGES

CALGARY STAMPEDERS

'Worst organization' lets Simmons go

The Calgary Stampeders have released international linebacker Jasper Simmons after his agent blasted the CFL team on Twitter.

Agent Sammy Gahagan posted a scathing tweet on Saturday, apparently frustrated by Simmons' lack of playing time in Calgary.

"It's a shame what the @calstampeders are doing to Jasper Simmons. The worst organization in the @CFL is holding him hostage & won't play him," he posted.

He followed with more posts criticizing the Stampeders for

not playing Simmons, who retweeted the messages from his account.

Simmons has struggled to find playing time since being traded from Ottawa to Calgary in the off-season. He has four tackles in four games with the

Stampeders this year.

That's a stark contrast to the 2014 season, when Simmons had 80 tackles and six interceptions and was named the Redblacks' most outstanding player and top defensive player.

THE CANADIAN PRESS



Trevor Harris completed 18 of 24 pass attempts for 168 yards with no interceptions and two touchdowns in his team's 27-20 come-from-behind win over the Blue Bombers last Friday at IGF. JOHN WOODS/THE CANADIAN PRESS

Harris keeps hold of Argos QB reins

CFL

Ray 'still needs a few more weeks, minimum'

The Toronto Argonauts will remain Trevor Harris' team for now.

The Argos have returned veteran starter Ricky Ray to the six-game injured list as he continues to recover from off-season shoulder surgery. Toronto placed Ray, 35, on the six-game list during training camp, thus giving Harris all of the starter's reps.

Harris has certainly taken full advantage of his opportunity.

TOO MANY TENANTS?

The Toronto Argonauts are making contingency plans in case the Toronto Blue Jays reach the baseball post-season. The Argos are scheduled to play four October home games at Rogers Centre and five of their final six regular-season contests there.

Argos president Chris Rudge said the team has approached Tim Hortons Field in Hamilton, the University of Toronto, Queen's University in Kingston, Ont., York University in Toronto, the University of Guelph and the University of Western Ontario in London, Ont., as well as the possibility of both Calgary and Montreal hosting Toronto.

The 29-year-old native of Marion County, Ohio, leads the CFL in completions (174), completion percentage (75) and TD strikes

(16) and is second in passing (1,987 yards).

Most important, Toronto (5-2) is tied with Hamilton (5-2)

atop the East Division standings with the fourth-year Harris under centre.

Harris' play allows Toronto the luxury of not having to rush Ray back too quickly. Argos head coach Scott Milanovich wouldn't say when Ray might return but added it's obvious the veteran needs more time to fully recover.

"He still needs a few more weeks, minimum," Milanovich said. "I know he had a good throw the other day and felt good about that, but he's not there yet."

Harris will start Sunday when Toronto plays Ottawa at Rogers Centre. THE CANADIAN PRESS

MLS

Inspirational Onstad enters Hall of Fame

There are many routes to the Hall of Fame, but not many like Pat Onstad's. The six-foot-four, 215-pound goalkeeper from Vancouver didn't get a chance to showcase his skills in Major League Soccer until 35, an age that usually signals the end of an elite career, not the beginning.

For Onstad, it was — finally — a chance to shine

Pat Onstad
GETTY IMAGES



on a big stage. He went on to win MLS titles in 2003 with San Jose and '06 and '07 with Houston and was named the league's top 'keeper in 2003 and 2005. He ended up logging 20,076 minutes in 223 regular-season MLS games with 64 shutouts.

Onstad, Jim Brennan and Kara Lang will officially be inducted into Canada's Soccer Hall of Fame on Nov. 8 in Vaughan, Ont.

THE CANADIAN PRESS

CHAMPIONS LEAGUE

Old Trafford fans get 2-goal payoff

Manchester United may just have found a new star to fill the club's iconic No. 7 shirt.

New signing Memphis Depay moved United closer to qualification for the lucrative Champions League group stage Tuesday, scoring a first-half double and providing an assist for Marouane Fellaini's stoppage-time header in a 3-1 win over Club Brugge in the first leg of their playoff.

"I want to kiss him tonight," United manager Louis van Gaal said of Depay.

The 21-year-old Netherlands winger joined United from PSV Eindhoven in the off-season for 25 million pounds (now \$39 million US), with a reputation as one of the hottest prospects in Europe. He was handed the No. 7 jersey worn by United greats George Best, David Beckham, Eric Cantona and Cristiano Ronaldo.

It's still very early days — three competitive games, to be precise — but Depay is already fast becoming an Old Trafford favourite.

THE ASSOCIATED PRESS



Memphis Depay scored 39 goals in 90 appearances with the Netherlands' PSV Eindhoven before joining Manchester United this summer. ALEX LIVESEY/GETTY IMAGES

IN BRIEF

Bills get 'real positive' news on LeSean McCoy
Buffalo Bills running back LeSean McCoy hurt his left hamstring during a joint practice with Cleveland and is having tests to determine the extent of the injury.

Coach Rex Ryan said Tuesday night that trainers informed him the hamstring is intact and has not been pulled off the bone, which he described as "a real positive."

THE ASSOCIATED PRESS

Romo stays on practice field
Tony Romo had to wait until after Dallas' first joint practice with St. Louis to see if his surgically repaired back would feel good enough to make it through a second straight day with the Rams.

The 35-year-old quarterback gave himself the go-ahead Tuesday, which meant he was practising for four consecutive days for the first time since 2013, between the two back surgeries he had in just eight months.

THE ASSOCIATED PRESS



Brooke Henderson receives the customary shower for her first victory on Sunday in Portland. JONATHAN FERREY/GETTY IMAGES

LPGA

Henderson granted Tour card

Last weekend, rising golf star Brooke Henderson became the second golfer in LPGA history to go from Monday qualifier to tournament winner.

Her road to any future Tour titles will be much shorter.

The LPGA granted Henderson full membership on Tuesday after the 17-year-old Canadian cruised to victory at the Cambia Portland Classic, winning by eight strokes.

LPGA policy states that any woman 18 years of age or over is eligible to apply for Tour membership, but golfers be-

17

Henderson moved to No. 17 in the world rankings with her win in Portland.

tween the ages of 15 and 18 may be granted special permission to apply for membership by petitioning directly to the Tour commissioner.

"After reviewing Brooke Henderson's petition, I have granted her LPGA Tour membership

beginning immediately," Tour commissioner Michael Whan said in a statement. "Brooke truly earned her card, and we are looking forward to Brooke joining our Tour and our family."

The native of Smiths Falls, Ont., has had a breakout 2015 season despite having to rely on sponsors exemptions or Monday qualifiers to play in events.

She will no longer have to qualify to get into this week's \$2.25-million Canadian Pacific Women's Open.

THE CANADIAN PRESS

RECIPE Dijon Salmon, Arugula, Orzo Rice and Goat Cheese Salad



EAT LIGHT AT HOME

Rose Reisman
rosereisman.com

@rosereisman

Ready in

Prep time: 15 minutes

Cook time: 12 minutes

Ingredients

- 2 tsp orange zest
- 1 Tbsp Dijon mustard
- 1/4 cup chopped parsley
- 12 oz salmon fillet
- 1/2 cup orzo or any small shaped pasta
- 4 cups sugar snap peas
- 8 cups arugula or spinach

Dressing

- 1/4 cup orange juice
- 4 tsp Dijon mustard
- 2 tsp honey
- 1/2 tsp minced garlic
- 2 Tbsp olive oil
- 1 tsp grated orange zest
- Salt and pepper

Directions

1. Preheat oven to 400 F.

Combine zest, mustard and parsley and spread over salmon. Bake salmon, just until cooked to your preference, approximately eight to 12 minutes. Break into small pieces. Set aside.

2. Meanwhile, in a pot of boiling water, cook orzo just until tender, about six to eight minutes. During the last minute, add peas. Drain and rinse with cold water. Place on large serving platter with arugula.

3. Dressing: Combine dressing ingredients in a small bowl.

4. Add dressing and salmon to salad and gently toss.

Nutrition per serving (serves 4)

- Calories 230
- Protein 19 g
- Carbohydrates 13 g
- Fibre 1 g
- Total fat 11 g
- Saturated fat 1.5 g
- Cholesterol 45 mg
- Sodium 420 mg

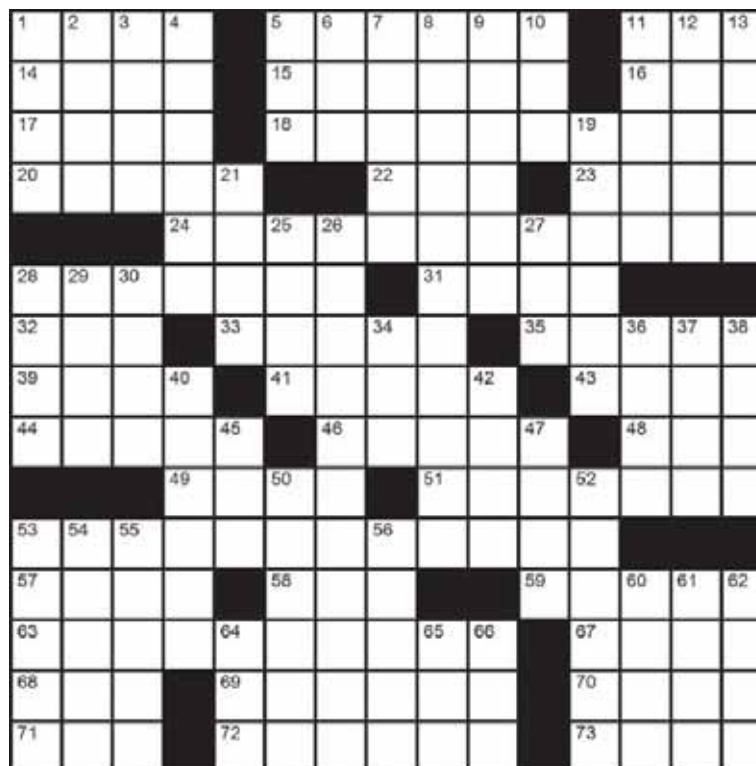
PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Pierre's friends
5. Ocean floor
11. "Smokey and the Bandit" (1977) star ...his initials-sharers
14. Volcanic flow
15. Roch Voisine title song lady
16. Liberace's nickname
17. Univ. lecturer
18. Margaret Atwood book which won the Giller Prize in 1996: 2 wds.
20. Nail alternative
22. 6's phone letters
23. Broadway beginning: word + Roman Numeral
24. A blue cuff is featured on it on Facebook: 3 wds.
28. Brand for creators of colourful drawings
31. Positive
32. Clash
33. More rational
35. Pants holder-uppers
39. Comparable
41. "Robert De _ Waiting..." by Bananarama
43. Grim
44. Cover with droplets, as morning grass
46. Might
48. Actress Ms. Leoni
49. Edible root
51. Make strong
53. What 'DIY' means
57. Wistfully sighed



phrase: 2 wds.

58. Chairman in The Beatles' "Revolution"
59. Country resort building
63. They're the popular things to jump on
67. Crucifix
68. William to Harry,

for short

69. Captivate, variantly
70. Freezer tray's one-of-some
71. At the age of, in Latin [abbr.]
72. Ornamental tree
73. Character on

"The Waltons"

DOWN

1. Snow-peaked mountains
2. Painter Mr. Chagall
3. Welsh composer/actor Mr. Novello
4. Refuge
5. _ Na Na
6. An elver is a young what?
7. Out on _
8. Chop suey ingredients: 2 wds.
9. Spiritualize
10. MBA, e.g.
11. "Wake Me Up" singer Aloe

12. Right-hand page
13. Welcome a client at reception: 2 wds.
19. Brought up
21. " _ That Girl": 1987 Madonna hit
25. Capital of Mongolia, _ Bator
26. Quebec's millions and millions of years old impact crater lake
27. "Coronation Street" hangout
28. Zodiac creature
29. Gardening tool
30. Amongst
34. Suffix with 'Ranch'
36. Baltic country where Vilnius is the cap.
37. Oxygen-giver
38. John and Yoko's musician son
40. Like the captured group of fish
42. Gin flavouring
45. Method
47. Boring
50. Comedian-actor Ray
52. Sensation for an astronaut
53. Part of Fred Flintstone's exclamation!
54. Chicago airport
55. " _ _ sure." (Beats me)
56. Boards
60. Sullen
61. Desert in Mongolia
62. Paradise
64. Network
65. Cacharel perfume
66. Lanka's lead

★ IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
You will be at your fun-loving best today but watch out for people who get their kicks from disrupting other people's enjoyment. Don't get angry because that will only encourage them.

Taurus April 21 - May 21
You will encounter the kind of problem that would knock lesser mortals for six. But you are not a lesser mortal, you are a Taurus, and you will find a way to handle it.

Gemini May 22 - June 21
Something delightful will happen today. Someone you are close to will do something unexpected to make you feel good. There are still some really nice people in the world.

Cancer June 22 - July 23
Something will go wrong today, try to be philosophical about it. You should know that life moves in cycles and that whatever you lose you will make up for.

Leo July 24 - Aug. 23
Do you focus on chores and duties? Or do you just enjoy yourself? You must make a decision and stick to it. If you try to get the best of both worlds you may end up with neither.

Virgo Aug. 24 - Sept. 23
There will be lots of coming and going today and it will be a bit tiring. Chances are you won't get much work done but don't worry — you have no choice but to go with the flow.

Libra Sept. 24 - Oct. 23
The harder you try not to be anxious about something the more it will prey on your mind. There is nothing that can be done about it now, so focus on things that make you smile.

Scorpio Oct. 24 - Nov. 22
Something surprising will happen and although you don't like to be taken unawares on this occasion you won't mind a bit. Any doubts you may have about a loved one's commitment will disappear for good.

Sagittarius Nov. 23 - Dec. 21
Control your tendency to go to extremes, otherwise an accident is likely to occur. An affair of the heart may be going well but if you start acting crazy you may scare them off.

Capricorn Dec. 22 - Jan. 20
Be wary of people who flatter for no good reason. According to the planets there is a lot of intrigue, a lot of planning and plotting behind the scenes. Refuse to get involved.

Aquarius Jan. 21 - Feb. 19
Just when everything was going right your plans have been thrown into confusion again. It may be frustrating but don't get angry with people who let you down because chances are they are victims too.

Pisces Feb. 20 - March 20
Other people may be breaking the rules left, right and center but that is not an excuse for you to follow their example. Keep doing it the right way. There is no need to cut corners.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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JOE CHIARELLO
40 YEARS



JASON SNOWDEN
8 YEARS



MICHAEL CYRUS
10 YEARS



GLEN KERRITH
45 YEARS



ROB COLEMAN
20 YEARS



GERRY NIXON
DEALER PRINCIPAL
20 YEARS



MARTIN VENNERS
SALES MANAGER
8 YEARS



DARYL SCHROEDER
SALES MANAGER
10 YEARS



RUP BURNETT
10 YEARS



AHMED MANSOUR
8 YEARS



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